

DSM-5 Behaviour Rating Screening: Parent

Name of Parent

First Name Last Name

Name of Child

First Name Last Name

Symptoms of Inattention

Never Occasionally Often **Very
Often**

Rushes through tasks or activities paying little attention to detail or making careless mistakes

Has difficulty paying attention for extended periods to tasks or play activities

Does not seem to listen to when spoken to directly (mind elsewhere)

Fails to follow through on instructions, failing to complete work or chores (ie. starts but easily side-tracked)

Has difficulties organising tasks and activities (eg. messy, disorganised, poor time management, fails to meet deadlines)

Avoids or dislikes doing tasks that require mental effort

Loses things necessary for activities or loses belongings

Is easily distracted by other things going on around them or even their own thoughts

Is forgetful in daily activities (eg. chores, errands)

For teens, were at least 3 of these attention issues above present either often or very often prior to age 12 years?

No

Yes

NA (Child 12yrs or less)

Symptoms of Hyperactivity/Impulsivity

Never Occasionally Often **Very Often**

Fidgets with hands or feet, or squirms in seat

Has difficulty remaining seated when it is expected to do so

Runs about or climbs in situations when it is inappropriate or when asked not to do so (note: in teens and adults this may be restlessness)

Has difficulty engaging in activities quietly

Is "on the go" or acts as if "driven by a motor" (eg. issues being still for an extended period of time)

Talks excessively

Blurts out answers to questions before they have been completed

Has difficulty awaiting turn

Interrupts people or disrupts other people's activities

For teens, were at least 3 of these hyperactivity/impulsivity issues above present either often or very often prior to age 12 years?

No

Yes

NA (Child 12yrs or less)

If issues (rated often or severe) are noted above in any of the inattention, hyperactivity or impulsivity symptoms, tick the situations they are present in (multiple settings allowed):

Home

Classroom

Socially

NA: No issues present anywhere

Academic Skills (rate skills according to grade level)

**Below
average for
grade**

**Average
for grade**

**Above
Average for
grade**

The ability to reading fluently and accurately single words

The ability to comprehend what has been read

The ability to spell accurately

**The ability to write well using correct grammar, punctuation,
and organisation of ideas**

**The ability to argue ones ideas well in writing (eg. essay
content and ideas)**

**Maths reasoning ability (eg. identifying the calculation that
needs to be carried out in a written paragraph)**

**Learning rote maths concepts (eg. basic additions, time
tables, maths formulae)**

Numerical calculations (basic addition, subtraction, algebra)

Symptoms for Oppositional Defiant Behaviour

Never Occasionally Often Very Often

Loses Temper

Argues with adults

Defies or refuses what you tell him/her to do

Does things to deliberately annoy others

Blames others for own misbehaviour or mistakes

Is touchy or easily annoyed by others

Is angry and resentful

Takes out anger on others or tries to get even

Conduct issues

Never Occasionally Often Very Often

Steals things

Runs away from adults or care givers without permission

Hits parents or other adults

Severe recurrent temper outbursts including verbal rages or physical aggression that are out of proportion to the situation

Bullies, threatens or intimidates others

Engages in physical fights with other children

Damages other children's property

Is truant from school

Separation Anxiety

Never Occasionally Often Very Often

Gets very upset when separated from home or parents

Worries that parents will be hurt, or leave home and not come back

Worries that some disaster will separate them from their parent (eg. kidnapping, getting lost etc)

Tries to avoid going to other places (eg. school or other's houses) in order to stay home with parent

Worries about being left at home with a sitter

Afraid to go to sleep unless near a parent

Has nightmares about being separated from parent

Complains about being sick when expected to be separated from home or parent

Obsessive compulsive behaviours

Never Occasionally Often Very Often

Is overly fearful (or tries to avoid) specific objects or situation

Cannot get distressing thoughts out of their mind

Feels compelled to perform unusual habits or do things in a set rigid way (eg. repetitive hand-washing, ordering things, checking things, counting)

Engages in behaviours (or mental acts) aimed at preventing or reducing anxiety or distress, or preventing an event- despite these behaviours in no way being realistically connected

Language Skills

Never Occasionally Often Very Often

Shows reduced vocabulary, have issues understanding words and using them appropriately

Has limited sentence structure, struggling to put words together to form proper sentences

Has issues in expressing themselves verbally in a way to make their ideas understood

Has issues with expressing sounds clearly and poor articulation of certain sounds (eg./th/, /r/)

Has issues with stuttering

Shows difficulties with using language for social purposes (eg. greeting others, sharing information)

Has issues following rules for conversation such as turn taking and rephrasing when misunderstood

Shows difficulties understanding inferences, humour, metaphors and words with multiple interpretations

Anxiety

Never Occasionally Often **Very
Often**

Finds it difficult to control their worries

Worries more than other children

Complains about physical problems (aches and pains, sore stomach)
without an apparent cause

Appears restless & on edge

Is irritable

Has muscle tension

Has difficulty falling asleep

Gets out of bed in the middle of the night due to worries

Easily fatigued

Avoidant of things that make them feel uncomfortable

Talks about negative things that could happen in the future

Recurrently pulls out hair resulting in hair loss

Picks at skin resulting in skin lesions

Worries about they way they look and sees problems that are not
observable by others

Does unusual repetitive movements for no reason (eg. eye blinking,
twitching, shoulder shrugging or other tics)

Makes vocal sounds for no reason (eg. throat clearing, grunting etc)

Worries that other children can do things better than they can

Is worried about being judged by others

Shows dislike for being complimented

Depressive Symptoms

Never Occasionally Often Very Often

Is sad for most of the day

Is sensitive or tearful

Is irritable for most of the day

Shows little interest in fun activities or playing with other children

Talks about death or suicide

Feels bad about self (eg. says they are a bad child)

Fatigue, low energy, tired nearly every day with no reason

Has experienced a significant change in appetite or weight

Can't get to sleep

Sleeps too much

Has issues with concentration and making decisions

Social Phobia

Never Occasionally Often Very Often

Is excessive shy with peers

Shows fear about meeting new peers

Is afraid to go to playdates or parties for people they know

When put in an uncomfortable social situation will cry, freeze or withdraw from interacting

Sleep issues

Never Occasionally Often Very Often

Has issues falling asleep (>30min)

Shows fear to be left alone when falling asleep (needs someone present)

Wakes in night and stays in bed (eg. calls out)

Wakes in night and gets out of bed (eg. comes into parents room/bed)

Has nightmares

Snores

Moves around in sleep (eg. covers thrown off or twisted)

Sleep walks

Sleep talks

Has night terrors

Social Skills

Never Occasionally Often Very Often

Issues with eye contact

Does not play well or relate to other children

Not interested in making friends

Prefers to isolate themselves and do their own activities

Would always chose to do what they want rather than compromise to do what others want

Seems unaware of others feelings

Has issues with pretend play (or evidence of this when an infant/ younger child)

Does not seem concerned with others feelings

Lacks empathy

Has a flat, monotone voice

Has a flat expression and hard to read their emotions

Talks excessively about certain topics they enjoy, despite the disinterest of the person they are talking to

Has issues maintaining friendships

Has meltdowns when expectations not met

Repetitive Behaviours

Never Occasionally Often **Very Often**

Shows excess preoccupation with one topic

Gets very upset over small changes in routine or surrounds

Repeats over and over words or phrases with no obvious reason

Makes strange repetitive movements (eg. arm flapping, rocking etc)

Has a strange fascination for parts of objects

Likes to watch things turn and spin (eg. washing machine, fan)

Has a strong knowledge about certain topics, with unusual details that seem excessive or unusual for age

Insists on certain routines or rituals, and gets distressed if cannot follow them